

Winter 2010



Register now!

Nassau Zone

NYS AHPERD

Spring Conference 2010



“Building Our Minds and Building Our Bodies
For a Bright Future”



Adelphi University

Friday March 5, 2010

NASSAU ZONE

Newsletter

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President's Message

Happy New Year! I hope everyone had a great holiday and you are all well rested and excited about the second half of the school year.

My name is Tara Nelsen and I will be serving as your new Nassau Zone President for the next two years. I look forward to serving you and continuing in Mara Manson's footsteps. I thank Mara for her leadership, guidance, patience, persistence and dedication to the profession. Congratulations to Mara on becoming the New President Elect of our State Association.

The Conference planning committee has assembled an extraordinary group of presenters and exhibitors for our annual Nassau Zone Conference. This year's Conference will be held March 5th, 2010, at Adelphi University. We are pleased to announce that we have three NASPE Teachers of the Year presenting at our conference.

You will soon be receiving an invitation online to register for the conference. Visit www.nassauzone.org for more information.

I look forward to your involvement in our Zone and hope to see some new faces at our next meeting which will be held February 10th at Adelphi University at 7:00 pm.

Yours in Health and Wellness,

Tara Nelsen

Nassau Zone Conference

Adelphi University, Garden City, New York

“Building Our Minds and Building Our Bodies for A Bright Future”

Friday, March 5, 2010

| SESSIONS | GYM 1 ATHLETICS BUILDING | GYM 2 ATHLETICS BUILDING | WOODRUFF GYM | MULTIPURPOSE ROOM WOODRUFF HALL | WOODRUFF CLASSROOM 253 | WOODRUFF CLASSROOM 255 | CAMPBELL LOUNGE 1 (multi-media) ATHLETICS BLDG | CAMPBELL LOUNGE 2 ATHLETICS BLDG | CAMPBELL LOUNGE 3 ATHLETICS BLDG |
|---|--|--|---|---------------------------------------|--|--|---|--|--|
| REGISTRATION 7:00-7:45 am | | | | | | | | | |
| WELCOME 7:45-8:00 am | | | | | | | | | |
| Session 1 8:05-9:05 | LINKING FITNESS, FUN, AND THE ACADEMICS | USING THE SKILL THEME APPROACH TO TEACH SPORT SKILLS | PROMOTING SENSORY INTEGRATION THROUGH PHYSICAL EDUCATION ACTIVITIES | ZUMBA | ADVANCED PLACEMENT PHYSICAL EDUCATION | YOU DON'T HAVE TO BE A YOGI TO TEACH YOGA | USING TECHNOLOGY TO ENGAGE YOUR STUDENTS | IMPLEMENTING SPORT EDUCATION AT THE SECONDARY LEVEL | SEVEN QUALITIES OF A HIGHLY EFFECTIVE TEACHER |
| | <i>PE Elementary</i> Higgins | <i>PE Elementary</i> Opperman | <i>APE</i> Davis & Kowalski | <i>Dance</i> Naab | <i>PE Secondary</i> Clifton, Cioffaletti, & Cheskey | <i>PE Elementary</i> McKnight & Gibbone | <i>Health</i> Fisk | <i>PE Secondary</i> Mercier | <i>General</i> Howard |
| Session 2 9:15-10:15 | DOLLAR STORE FITNESS | REACTION BALLS AREN'T JUST FOR ATHLETES | STEP DANCE | | ADAPTED PHYSICAL EDUCATION FOR CHILDREN WITH AUTISM | INFUSING MODIFIED SPORT EDUCATION & PEER TEACHING INTO YOUR GYMNASIUM | HEALTH SKILLS FOR DAILY LIVING | UNIQUE STRATEGIES TO INFUSE CHARACTER EDUCATION INTO PE & HEALTH CLASSES | RISK MANAGEMENT AND SAFETY PROCEDURES FOR TEACHERS AND COACHES |
| | <i>PE Elementary</i> Higgins | <i>PE Secondary</i> Riga | <i>Dance</i> O'Neil & Polite | | <i>APE</i> Aiello | <i>PE Elementary</i> Cannata | <i>Health</i> Sicurella | <i>PE & Health</i> Rath | <i>Coaching</i> Mergardt |
| BREAK PLEASE VISIT VENDORS IN THE LOBBY | | | | | | | | | |
| Session 3 10:50-11:50 | LEARNING THROUGH MOVEMENT | AGILITY IS THE SPICE OF LIFE | LITERATURE ENHANCED PHYSICAL EDUCATION (LEPE) PRESENTS CLEAN UP YOUR BACKYARD | YOGALATES | ROLE AND RESPONSIBILITIES OF PARAEDUCATORS IN PHYSICAL EDUCATION | | MAKING SCHOOLS SAFER FOR LESBIAN, GAY, BISEXUAL, AND TRANSGENDER YOUTH | MANAGING DIFFICULT PEOPLE | DESIGNING AND DEVELOPING HIGH SCHOOL SPORTS MEDICINE PROGRAMS |
| | <i>PE Elementary</i> Miller & Marshall | <i>PE Secondary</i> Riga | <i>PE Elementary</i> Hefele | <i>E Secondary</i> P Sevilla | <i>APE</i> Aiello & Kowalski | | <i>Health</i> Camey | <i>Coaching</i> Mergardt | <i>PE Secondary</i> Zapolski |
| Session 4 12:00-1:00 | TEACH STUDENTS HOW TO LEARN USING GUIDED DISCOVERY | SIMPLICITY: SIMPLE TO COMPLEX GAMES FOR EVERYONE | | INTERNATIONAL GAMES | MULTIDISCIPLINARY TEACHING TECHNIQUES TAUGHT THROUGH MAP ADVENTURES (ORIENTEERING) | | IT'S MORE THAN JUST THE LAW ADOLESCENT SEXUALITY AND THE RIGHTS OF MINORS | | SAFE, EFFICIENT, AND PURPOSEFUL TRAINING FOR ATHLETES |
| | <i>PE Elementary</i> Rukavina | <i>APE</i> Davis | | <i>PE Elem & Sec</i> Canner | <i>PE Elem & Sec</i> Hicks & Gruin | | <i>Health</i> Noonan | | <i>Coaching</i> LaBelle |

**Don't miss out on a
great conference!!**

NASPE Elementary Teacher of the Year, Jennifer Higgins, will be sharing her experiences including developing strategies and techniques designed to promote a comprehensive Physical Education program that incorporates wellness, higher level thinking skills, and the integration of content across the curriculum, adaptive inclusion activities and authentic assessment.

NASPE Secondary Teacher of the Year, Deborah Riga shares her individual sports curriculum she developed and implemented that emphasizes health related fitness components. While weaving fitness activities into individual sports such as archery, swimming, tennis, badminton and golf, Debbie also expands to instruct on the skill-related fitness components as well.

Rocco Aiello, 2008 AAPAR Adaptive Teacher of the Year, shares instructional strategies, innovative equipment and ideas on how to include children with Autism in physical education classes. Rocco reveals techniques and strategies to assist in preparing developmentally appropriate practices, which encourage active participation by children with Autism.

REGISTER TODAY!!



NASSAU ZONE of NYS AHPERD ANNUAL PROFESSIONAL CONFERENCE



Pre-Registration Information

There is no separate paper registration form. You must register ON_LINE with an approved Purchase Order, or Credit Card. Sign on @ nassauzone.org and click on the NYSAHPERD.org link

OR

Go directly to NYSAHPERD.org and follow the directions to register for the Nassau Zone Conference.

Online Registration will close Sunday, February 28, 2010

On-site Registration Information

The only other registration date will be ON-SITE at Adelphi University on the day of the Conference, March 5th, using a check, cash or District approved Purchase order (not a Travel Voucher).

NO CREDIT CARDS WILL BE ACCEPTED ON SITE.

Please make every effort to register on-line to avoid delays on the day of the Conference.

OUTSTANDING PHYSICAL EDUCATION

Student Awards

2009—2010

NASSAU ZONE
of the

NEW YORK STATE ASSOCIATION FOR
HEALTH, PHYSICAL EDUCATION, RECREATION AND DANCE



Baldwin High School

Chelsea Redman, Max Malinowski

Bethpage High School

Kathryn Banzer, Stephen Trifilio

Calhoun High School

Erin Green, Kenny Volkell

H. Frank Carey High School

Kerry Gilroy, Joseph Marino

Carle Place High School

Jessica Lewis, Christopher Barbosa

Chaminade High School

Michael Wysota

W. Tresper Clarke High School

Allison Tamney, John Chodkowski

Cold Spring Harbor High School

Kristen Insardi, Hank Orzel

East Meadow High School

Lindsay McKillop, Michael Favuzzi

East Rockaway High School

Denise Lobelle, Kenneth Anderson

Elmont Memorial High School

Asia Major-Waithe, Zachary Germain

Farmingdale High School

Alyssa Ana Rosa Cardillo, Scott Fritsche

Floral Park High School

Sara Yackel, Joseph Tangredi

Freeport High School

Nowell Hammond-Gibson, Joseph Militrano

Garden City High School

Michelle Finneran, William Hopkins

Glen Cove High School

Alyssa Cuyjet, Ryan Zupa

Great Neck North High School

Ilana Yaminian, Matthew Choi

Great Neck South High School

Meredith Green, Brian Lee

Hempstead High School

Danielle Evans, Paul Bentsen

Herricks High School

Meghan Martin, Christian Castelli

G.W. Hewlett High School

Julia Milch, Michael Theiss

Hicksville High School

Kimberly Chirco, James Kinsepp

Island Trees High School

Jaclyn Carrabott, Christopher Nickel

Jericho High School

Jennifer Zigelbaum, Brandon First

John F. Kennedy High School

Taylor Kruter, Jordan Goldberg

Lawrence High School

Frances Saravia, Daniel Goldfeder

OUTSTANDING PHYSICAL EDUCATION

Student Awards

2009—2010

Levittown Division Avenue High School

Jessica Horan, Nicholas Casey

Locust Valley High School

Nicole Heney, Matthew Rieger

Long Beach High School

Chelsea Marcell, Kevin Adames

Lynbrook High School

Mary Magilligan, Joseph Venezia

MacArthur High School

Rose Berktaş, Michael Samet

Malverne High School

Akua Boakye-Yiadom, Joseph Pinto

Manhasset High School

John Gold, Laura Cornachio

Massapequa High School

Katelynn Boland, Brian Smith

Mepham High School

Danielle Parker, Jonathan Genn

Mineola High School

Michelle Martins, Michael Escobar

New Hyde Park Memorial High School

Clare Adams, Kenneth Richards

North Shore High School

Kathleen Lennon, Kyle Essex

Oceanside High School

Tess Ytuarte, Metri Abdul-Karim

Our Lady of Mercy Academy

Ashley Neglia

Oyster Bay High School

Madelyn Howes, Joseph Carbone

Plainedge High School

Kim Kovar, Cliff Lafemina

Plainview Old Bethpage JFK High School

Chelsea Kinstler, Thomas Giosa

Paul T. Schreiber High School

Alize Margulis, Andrew Minicucci

Roslyn High School

Danielle Wolfe, Walter (Danny) Mendoza

Seaford High School

Erica Fischetti, Anthony Gilio

Sewanhaka High School

Catherine Johnson, James Wighaus

Southside High School

Emma Kriss, Peter Strong

Syosset High School

Jenna Chimon, Joshua Gottlieb

Uniondale High School

Colby Fykes, Andrew Williams

Valley Stream Central High School

Nicole Nardella, Korde Inniss

Valley Stream North High School

Jacqueline Canny, Elias Gaston

Valley Stream South High School

Kristen Wraith, Jeremy Cortez

Wantagh High School

Madeline (Maddy) Ilibassi, Derek Novotny

Westbury High School

Cristina Ayala, Aldo Gatica

West Hempstead

Angelina Zaharias, Jamel Flash

Wheatley High School

Jenny Keller, Kieran Lang



**New York State Association for Health,
Physical Education, Recreation and Dance, Inc.**

77 North Ann Street • Little Falls, New York 13365
 Phone: 315.823.1015 • Toll Free: 1.877.473.7398 • Fax: 315.823.1012
 Website: www.nysahperd.org • Email: nysahperd@nysahperd.org

Mailing Preference - Please Check One
(Students Must Check Their Home Address)

Name: _____

Maiden Name: _____ NYS AHPERD Member #, if any _____

Home Address: _____

City: _____ State: _____ Zip: _____ County: _____

Home Phone: _____ Cell Phone: _____

Email Address: _____ @ _____

School District or College/University: _____

School Name: _____

School Address: _____

City: _____ State: _____ Zip: _____ County: _____

Work Phone: _____

To allow us to better meet the needs of our NYS AHPERD Membership, at no additional cost, please check the three areas below that are of MOST interest to you or select as many areas below as you like for an additional \$5.

- | | |
|--|--|
| <input type="checkbox"/> Adapted Physical Education & Sport | <input type="checkbox"/> Exercise Science/Sports Medicine |
| <input type="checkbox"/> Aquatics Education | <input type="checkbox"/> Health Education |
| <input type="checkbox"/> Coaches | <input type="checkbox"/> Higher Education/Professional Preparation |
| <input type="checkbox"/> Dance Education | <input type="checkbox"/> Recreation/Adventure Education |
| <input type="checkbox"/> Elementary/Middle School Physical Education | <input type="checkbox"/> Secondary Physical Education |

Students: Check Below

Freshman Sophomore

Junior Senior

Anticipated Graduation
 _____ month
 _____ year

To determine your MEMBERSHIP LEVEL, please see reverse side.

| | |
|--|------|
| Professional | \$99 |
| Associate | \$99 |
| Retiree | \$30 |
| Graduate Student ~ Must be enrolled in graduate level courses and NOT employed at the professional level in the disciplines of Health, Physical Education, Recreation or Dance | \$45 |
| Undergraduate Students | \$35 |

We gladly accept Checks and Purchase Orders (made payable to NYS AHPERD, Inc.) or VISA and MasterCard. Please forward this entire form and payment to the address above.

Membership Level Total: \$ _____

Council of Administrators Membership (\$15): \$ _____

3 Interest areas included at no charge: \$ _____ N/C

Up to 7 additional Interest Areas (\$5): \$ _____

TOTAL DUE: \$ _____

Check Number: _____ Purchase Order Number: _____

Card Number : _____ Expiration Date: ____/____ Security Code # _____

I authorize this charge to this card ~ signature: _____
 (Name as it Appears on Card)

JOIN YOUR PROFESSIONAL ASSOCIATION FOR:

Professional Development
Annual Conference
Representation with Commissioner of Education, Board of Regents & Legislators
Program Advocacy/Job Security
Newsletters
Network with Colleagues
Members Only Website

Membership Level Definitions

Professional

Any professionally trained person meeting the requirements to teach Health, Physical Education, Recreation or Dance and is primarily engaged in the teaching or administration of Health, Physical Education, Recreation or Dance.

Associate

Any person not meeting the qualifications for Professional Membership but who is interested in the support of these programs. Coaches and Athletic Directors who are not certified to teach Health, Physical Education, Recreation or Dance specifically qualify.

Student

Any undergraduate student currently enrolled in a professional school of Health Education, Physical Education, Recreation or Dance. Any student currently enrolled in graduate level courses and NOT employed full time in the disciplines of Health, Physical Education, Recreation or Dance. (Anyone employed in a school district full time is viewed as a Professional Level member.)

Retired

Any person who met the criteria for Professional Membership and is now retired as defined by New York State Retirement System or its equivalent and is no longer actively engaged in the profession. Such membership shall carry full membership privileges.

NYS AHPERD DATABASE SECURITY POLICY

(Approved by the Executive Council 01/26/02)

Data collected on the NYS AHPERD membership application will be used for the promotion of programs and services to benefit the membership of the Association. Personal data (addresses, work and home telephone numbers, school affiliations, etc.) will be held electronically for the use of the Association. Upon request of Section and Zone personnel, mailing labels, member lists and/or telephone numbers and e-mail addresses will be provided for the purpose of specific interest area and regional programming announcements. If requested, mailing labels will be provided to Association vendors but only after evaluation, by the Executive Director, of the materials to be distributed, and only where the intent is to distribute information of professional value. Mailing labels are shared electronically with services that distribute Association publications. Such service providers are restricted in further use of said labels. Individual members may contact the Central Office to request that specific data be restricted from distribution at the local level.