

BWI's "School" Wellness Programs...



IN-SCHOOL PROGRAMS

- **"Health & Wellness Quiz Game Show" Assemblies (K-12)**
 - "Edu-Tainment" with Interactive Music, Dance, Fitness & Demonstration
 - "Wheel of Health" FUN Competition & Audience Participation
 - Health & Wellness Lessons, Pop Quizzes & Learning Challenges
 - Assembly supports "Be Fit Kids" on-line & in-school programs
- **"Be Fit Kids" outcome-based wellness programs (K-8)**
 - Interactive physical activity program combined with learning & fun



STAFF DEVELOPMENT

- **CEU Certifications (On-Line & On-Site courses)**
For Health/PE Teachers, Nurses, Rec Staff & Wellness Teams
 - "Be Fit Kids" Instructor Certification
 - Health Promotion Coordinator Certification
 - Personal Health Certification
- **Professional Keynote Speakers & Workshop Training**
 - Humor & Health, Team-Building, Stress Management & "Be Fit Kids"



ON-LINE STUDENT PROGRAMS

BWI & Master Guru joined efforts to offer 3 FUN new online health & wellness learning tools to help fight childhood obesity at school...

- **"Be Fit Kids" On-line:**
 - Interactive computer GAME excites kids to make healthy choices
 - Ideal for students Pre-K through 8th grade
 - Based on NYS performance indicators & assessment tools
 - Links to teacher resources & support, accessible 24/7



Pre-K - 2nd



3rd - 5th



6th - 8th



BWI HEALTH PROMOTIONS™
Workforce + School Wellness

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